



KINDNESS calendar

MONDAY	tuesday	WEDNESDAY	thursday	FRIDAY	saturday	SUNDAY
—	<u>1</u> Complete this sentence on paper or with members of your family, "Kindness means..."	<u>2</u> Find 3 toys to give away to someone new.	<u>3</u> At dinner, give compliments to each person at the table.	<u>4</u> Make a thank you video to send to your principal/vice principal.	<u>5</u> Surprise a neighbor with something fun - a picture, note, or small gift.	<u>6</u> Say a prayer and list all the things you are grateful for.
<u>7</u> Tell someone thank you for 3 things they have done for you today.	<u>8</u> Clear the table after each meal.	<u>9</u> Write a letter or draw a picture for your teacher.	<u>10</u> Straighten up a room that is messy. Put things back where they go.	<u>11</u> Find 3 books to give away to someone who needs them.	<u>12</u> Call or facetime someone you haven't seen in awhile.	<u>13</u> Say a prayer and tell God what you love about Him.
<u>14</u> Give up your TV or electronic time and spend time with a family member.	<u>15</u> Read a book to someone at home (a younger sibling if you have one).	<u>16</u> Look around the house and find 3 things you are grateful you have.	<u>17</u> Say "I'm sorry" for something you wish you had done differently today.	<u>18</u> Make someone's bed.	<u>19</u> Ask an adult at home to tell you about their favorite Christmas memories.	<u>20</u> Say a prayer and thank God for special people in your life.
<u>21</u> Write a letter to a friend. List 3 things you admire about him/her.	<u>22</u> Ask the grown ups in your house "How can I help" at least 3 times today.	<u>23</u> Tell someone you are happy to see them.	<u>24</u> Read the story of Jesus' birth with your family.	<u>25</u> Say thank you for gifts you received and sing Happy Birthday to Jesus.	<u>26</u> Help with dinner.	<u>27</u> Say or write a prayer that starts with "Christmas means a lot to me because..."
<u>28</u> Write and send 3 thank you cards for gifts you got this season.	<u>29</u> Find a story in the Bible where someone is kind.	<u>30</u> Surprise someone with a hug.	<u>31</u> Tell someone you love him/her and why.	—	—	—

